

### Abstract

The invention relates to a housing for fibre-optic plug-in connectors. According to the invention, said housing is configured in at least two parts, one end of a core cable can be positioned in the housing and the position of said cable can be fixed in said housing, at least one housing part is equipped with an opening and the housing part can engage over the core cable in a transversal direction by means of the opening. The invention also relates to a method for laying fibre-optic cables, which can be manufactured with plug-in connectors, whereby at least one end of a core cable is laid in a plug-in station, the end of the core cable is positioned in a housing part, the position of the core cable is fixed in the housing part by at least one second housing part and at least one housing part, which is provided with an opening, engages over the core cable in a transversal direction.